



LIETUVOS RESPUBLIKOS
SEIMAS

Coach Your Child To Success

International Conference
“How to Love a Child in The Family”
June 27, 2018

Dr. Maly Danino



The Israeli Association for Children and Adults
with Learning Disabilities





Dr. Maly Danino



- CEO of Nitzan organization.
- PhD in Education, Haifa University
- Founder of the LD Department in the Ministry of Education
- Founder of the Emotional Cognitive Coaching method.

- The leading Association for learning disabilities and ADHD in Israel
- Developed the initial tools for diagnosing learning disabilities
- 40 centers in Israel
- Coach and train professionals

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The Parents!



“We cannot solve problems by using the same kind of thinking..”

Albert Einstein



“The parent as a Coach”/ Dr. Maly Danino / 2007

“Coach Your Child To Success”

The ECC Manual



“Coach your Child to Success”/ Dr. Maly Danino / 2007

Dr. Russell Barkley:

“**T**HIS BOOK presents a fine addition to the literature guiding parents on the management of their children with ADHD, setting forth clear goals and specific methods to attain them helping to reduce the behavioral, academic, and social impairments that are so commonly associated with the disorder.”

—**Russell A. Barkley, Ph.D**

*a leading authority on ADHD,
Clinical Professor of Psychiatry
and Pediatrics, Medical University
of South Carolina, author of
bestselling books on ADHD.*



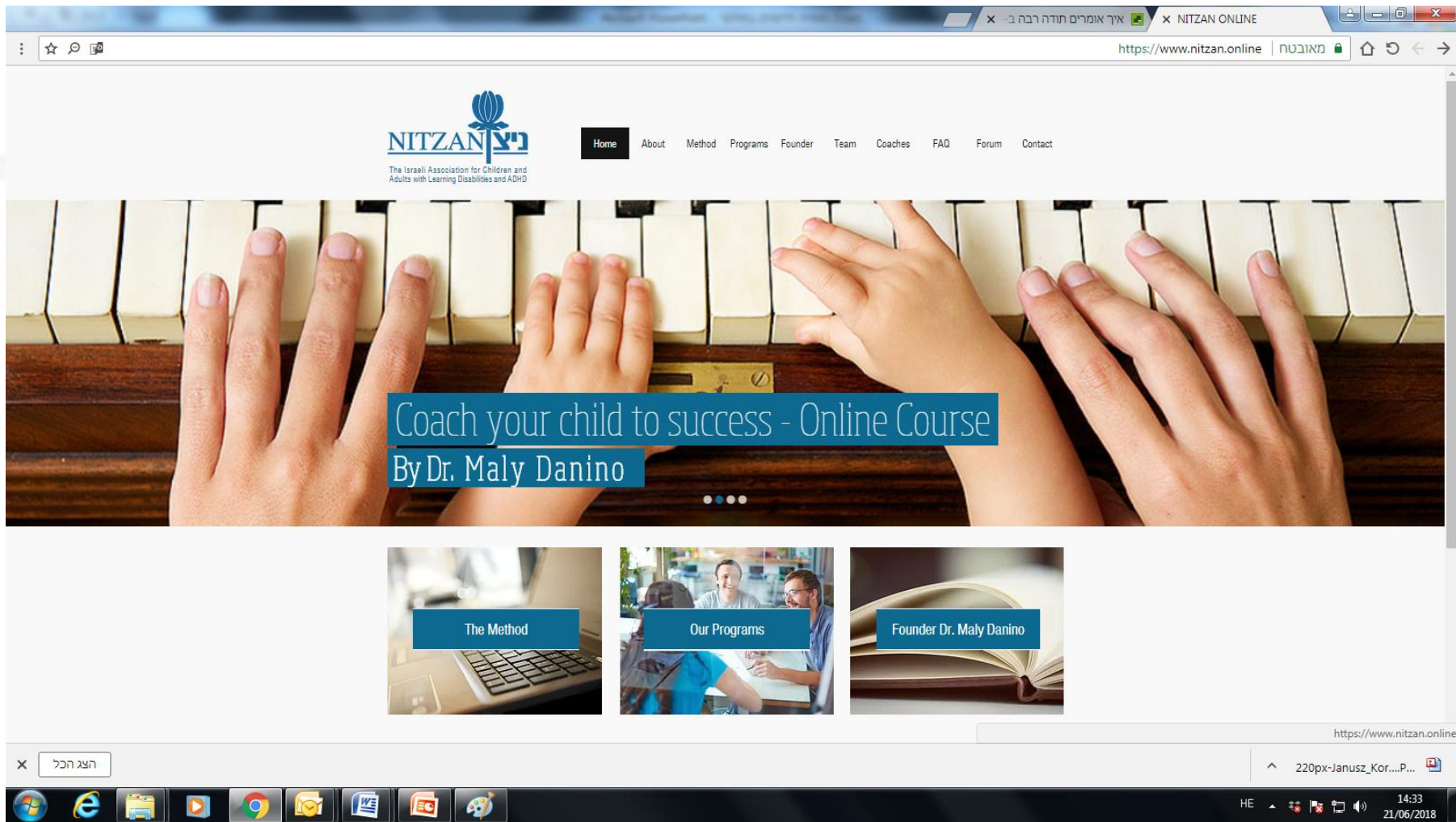
Vilnius – 2015



Facilitate workshops in Vilnius



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Our Coaches

PDF

VIDEOS

FAQ

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ECC

EMOTIONAL COGNITIVE COACHING

(An Evidence Based Method)



The Uniqueness of the E.C.C. Method

Relocates focus from the child as the
“Identified Patient” to the parent

Tailored to specific difficulties between
parent and child

Evidence Based Method

The Three Stage Working Model



1. The Emotional Awareness Stage

The parent is encouraged to share his or her story and to openly examine thoughts and feelings

The coach serves as a mirror to reflect the parent's inner feelings in a manner that liberates the parent's inner burden of defenses and barriers

2. The Insight Stage

Assists the parent to comprehend the reasons for his feelings, emotions, and behavior

This new viewpoint allows the parent to reexamine his thinking and behavioral patterns

Such insights would allow him or her to restore a sense of control over their life and might serve as a re-organizational framework supporting new experiences in everyday life

The concept acquired at this stage is the basis on which the opportunity for change is founded

3. The Action Stage

The parent selects specific tasks that he or she will undertake based on the new insights acquired during the previous stage

Published in Psychotherapy Research

Superiority of group counseling to individual coaching for parents of children with learning disabilities

(Danino & Shechtman, 2012)

Psychotherapy Research

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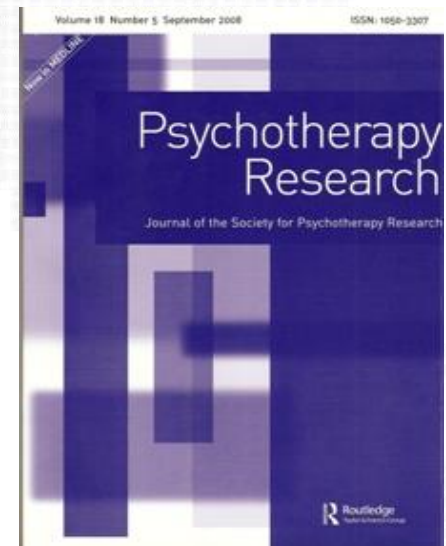
[Superiority of group counseling to individual coaching for parents of children with learning disabilities](#)

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^bFaculty of Education, University of Haifa, Israel

First published 14 Jun, 2012.



Coaching by ECC among mothers of children with learning disabilities and attention deficit disorder:

The contribution to parental resources and the adaptive behavior of children

Dr. Maly Danino
Prof. Michal Al-Yagon



Sample:

- 73 mothers and their children participated in the research
- All the children underwent an early formal assessment and were diagnosed with learning disability and or attention deficit disorder
- Mothers age varied between 30-55 ($M= 42.00$; $SD =5.50$)
- Children's age varied between 7-17 ($M=10.98$; $SD=2.85$)



The Control group:

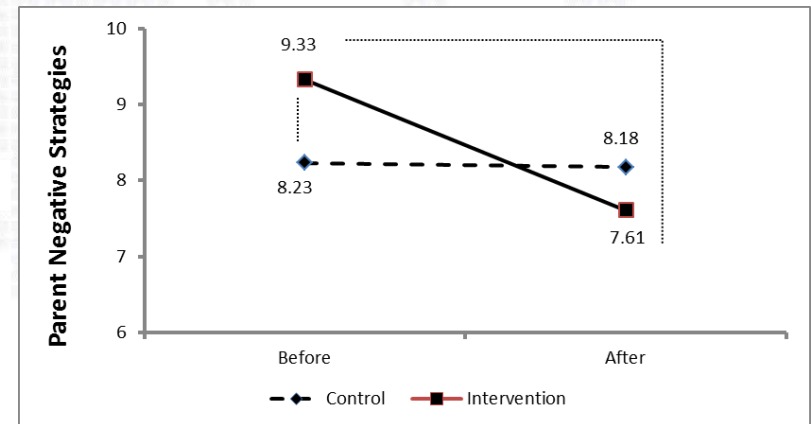
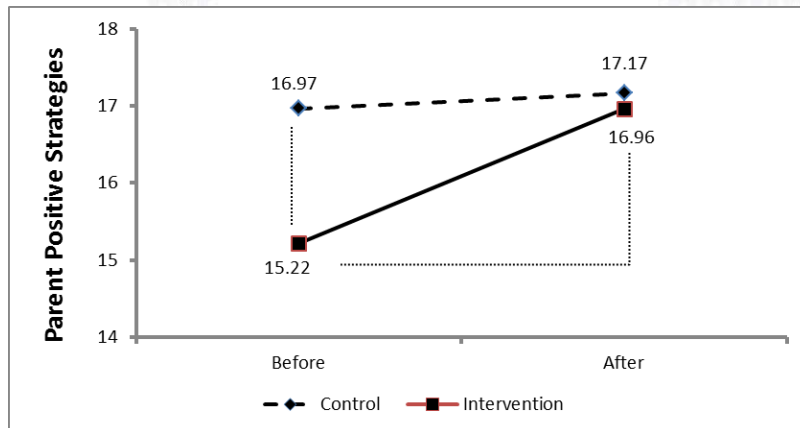
- ✓ 33 mothers and their children (from families reaching Nitzan for assessment).
- ✓ 1st evaluation – conducted during the child's assessment.
- ✓ 2nd evaluation – conducted after 3 months, during the consultation meeting with the professional team discussing the implementation of the recommendations given at the assessment.

The Experiment Group:

- ✓ 40 mothers who participated in the coaching process and their children.
- ✓ 1st evaluation – conducted before the coaching process began
- ✓ 2nd evaluation – conducted at the last session of the process after 3 months.

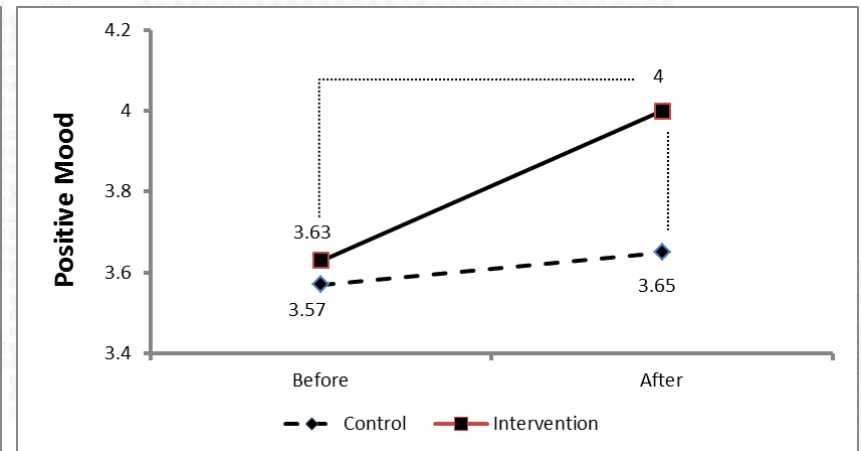
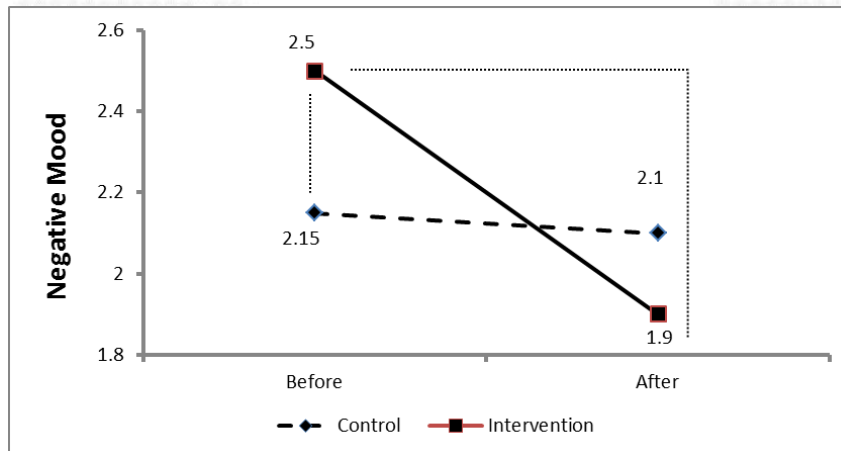
Parental coping with negative feelings of the child: Positive and Negative coping strategies

A significant increase in positive responses and a significant decrease in negative responses were found only among mothers in the intervention group.



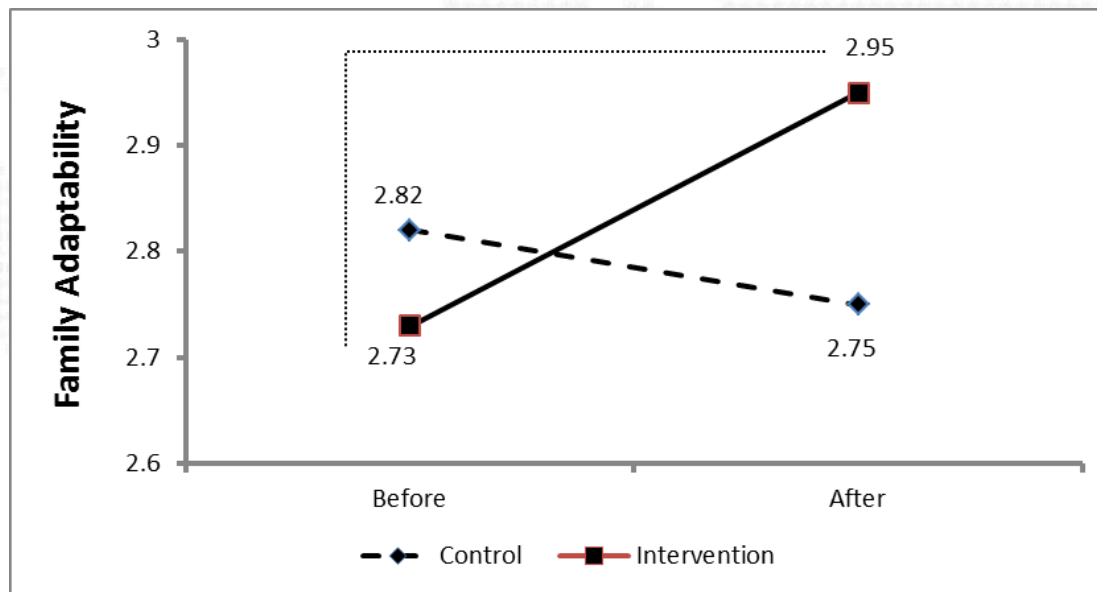
Parental mood

A significant improvement (decrease in negative mood and increase in positive mood) was found only among mothers in the intervention group.



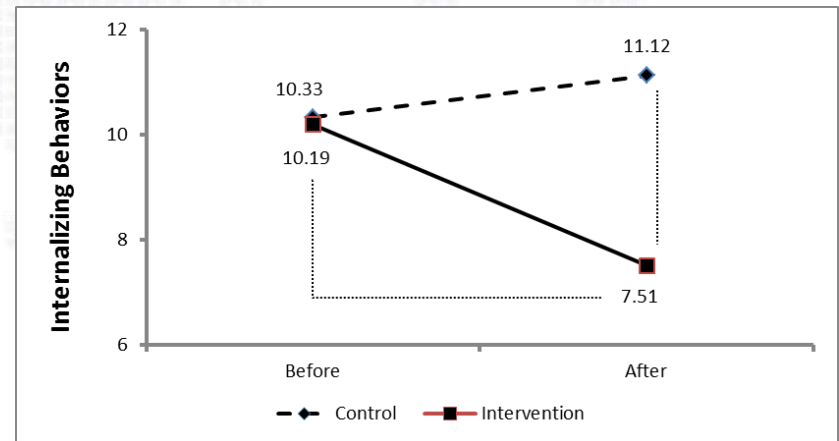
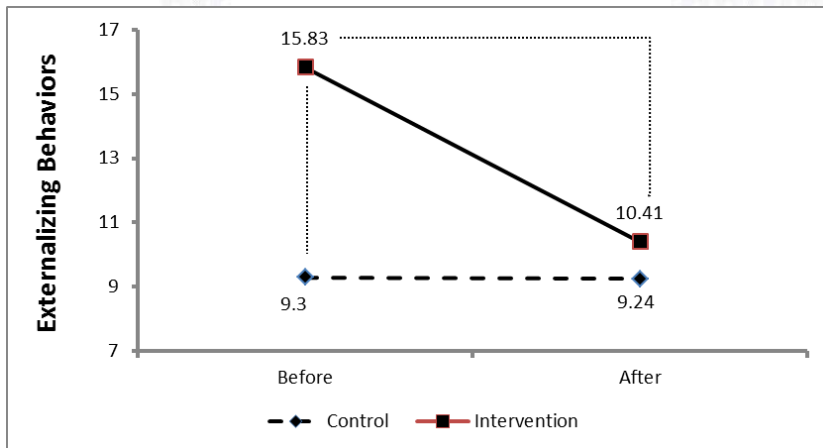
Family climate – the index of change

A significant improvement (increase) the family's ability to adjust to changes was found only among mothers in the intervention group.



Child behavior problems – Extrovert and Introvert behaviors

A significant decrease was found in externalizing behavior problems (e.g. aggression) and in internalizing behavior problems (e.g. social withdrawal) only among children in the intervention group.



“I am coming out of the session with the journey Journal that accompanied me all along. This journal is important to me. There are words that stay in my head, they resonate ... It helps me in moments of insecurity and embarrassment, so I pull them out of my arsenal of memories “

"When my favorite song is played on the radio ... It helps me to remember that the situation is good, that it's his pace and that it's okay, every time I pull something out of the coaching process and then I tell myself it'll work out.”

Thank you Labai ačiū



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